



Women in Community Rail
Achieving Change Together



WicRail



@wicrail

WiCR Steering Executive Group

Chair: Marion Atkinson - Merseytravel

Deputy Chair & Secretary: Marjorie Birch -

Community Rail Lancashire, Director

Treasurer: Dawn Bigland - CRN

Membership Secretary: Sheila Davidson - Friends of

Hindley Station

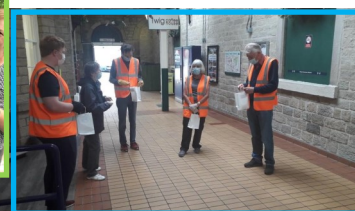
Support Officer: Jayne McLoughlin

Steering Group Members: Vicky Cropper Clarke - London
North Western, Penny Greenwood - Friends of Glossop Station,
Karen Bennett— Community Rail Lancashire, Richard Lyons—
Chair, Friends of Littleborough stations.

Edna Wouame, Chair of Southern Branch

We Celebrated National Volunteers week 1st – 7th June

WiCR celebrated National Volunteers week by handing out goodie bags to some of the volunteers on their stations. The sun was shining, it was lovely seeing people back together on and around the stations having a good catch up.



Confidence Building Course

Fantastic feedback from our recent training session with our friend Rachel Gillett. Fabulous morale boosting course to our members was just what was needed. The course was designed to recognise and list skills needed and develop techniques and tools to use to increase our confidence. By the end of the day everyone was brimming with the stuff.

As always keep in touch and let us know any training sessions that may help you.

Techniques
to help you

Basic assertion

Probing

Agreement

Negative feelings

Broken record

Empathetic

Responsive

Things Have Changed But We Want to Keep in Touch

Over the last 15 months as we all know the world has changed in so many ways, and one of the things that has changed is the way we work and where we work. Can you update us with your work location as we have new WiCR merchandise that we would love to share with you and this would help us make sure you receive it.

Can you email Jayne at Jayne.mcloughlin@liverpoolcityregion-ca.gov.uk with any changes to your delivery address and don't forget to update your email address if that has changed.



A gift from WiCR South so you can help us grow. Our fantastic growing pencils are now available with a simple message plant them and watch them grow into daisies. All we ask is for WiCR members to help grow the membership.

Supporting our Communities

WiCR have been working closely with the Borderlands Community Rail Partnership to ensure a local charity that deals with women from challenging backgrounds get to promote their creative signs through the power of the railway. Launching our Light at the End of the Tunnel project in June the project has helped women get through lockdown and get creative.

Please get in touch if you would like to hear more.

Follow us on twitter **@wicrail** and Instagram **WicR_ail** or visit our website **www.WiCR.org.uk** .